

2007 Donor
Newsletter
Volume 2



Community West Foundation

Illuminating Hope

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*The Mission
of the
**Community West
Foundation**
is to advance the
health and well being
of our community.*

Hundreds Attend Diversity Program



*(l to r) Keynote speaker, Heather Hall, M.D., Community West Foundation
Trustee Harry A. Zilli, Jr., Guest Luncheon Speaker, Ohio Lt. Governor Lee Fisher,
Executive Director of the Diversity Center of Northeast Ohio, Peggy Zone Fisher,
and Community West Foundation President and CEO, David T. Dombrowiak.*

The Community West Foundation partnered with The Diversity Center of Northeast Ohio to sponsor a seminar in Cultural Competency for Mental Health Professionals. An eclectic mix of enthusiastic participants attended the series of workshops and panel presentations that explored diversity from a variety of perspectives, including aspects of prejudice, biases, disparities in our society, and how better to meet the needs of behavioral health clients.

Heather Hall, M.D, assistant clinical professor of Psychiatry at the University of California was the keynote speaker, as well as a panel participant. Hall is a leading national expert on cultural competency and spoke on the need to elevate awareness of cultural competency in mental health services.

The guest luncheon speaker, Lee Fisher, Lt. Governor of Ohio, commended the Diversity Center in recognizing the value of training in cultural competency so that health care professionals, patients, and the entire community can benefit.

Community West Foundation President and CEO David Dombrowiak was, “delighted to join with the Diversity Center in an effort to bring together community leaders and reinforce efforts to eliminate barriers and enhance understanding for those with mental health disabilities.”

Clevelanders Demonstrate the Spirit of Goodwill

Lutheran Hospital was the reception site for visiting dignitary Samuel Zbogar, the Ambassador from the Republic of Slovenia to the United States, joined by Dr. Zvone Zigon, Consul General of the Republic of Slovenia in Cleveland. The ambassador's visit included the chance to speak to the local community to promote humanitarian mine eradication efforts in South-East Europe.

Ambassador Zbogar is a highly passionate and effective advocate on behalf of landmine victims, especially children, and his work has led to special attention placed on this important cause. The ambassador felt right at home in Cleveland, which is home to the largest population of Slovenians (80,000 people) anywhere in the world outside of Slovenia. Cleveland is also a leader when it comes to providing humanitarian assistance. David Perse, M.D., President of Lutheran Hospital generously gave \$2,500 from the Lutheran Hospital Medical Staff, and David Dombrowiak, Community West Foundation President and CEO matched the \$2,500 gift from the Foundation, demonstrating their compassion for children. The Senior Demining Advisor in the U.S. State Department, Murphey McCloy, agreed to match the Lutheran Hospital and Foundation gifts, adding an additional \$5,000. Together they contributed \$10,000 to aid landmine victims and buy prosthetic devices.



Proud Slovenians Ray Marvar, Senior Counsel for the Regional Hospitals, Samuel Zbogar, Ambassador from the Republic of Slovenia to the US, Dr. David Perse, President of Lutheran Hospital, and Dr. Zvone Zigon, Consul General of the Republic of Slovenia in Cleveland team up for a great cause.



Partners in raising awareness of the urgent needs of the world's children; Murphey McCloy, Senior Demining Advisor in the U.S. State Department and David Dombrowiak, President and CEO, Community West Foundation.

Ambassador Zbogar wrapped up his trip to Cleveland by participating in the Cleveland Rite Aid Marathon to raise additional funds. He is continuing his mission throughout the U.S. In giving freely of his time, the Ambassador is undoubtedly inspiring others and sets a fine example of what can be achieved through determination and commitment.

*Friends of the Foundation
Practice the Art of Giving!*

Valerie Davis and Lutheran Coffee Shop Employees Causing Quite a Stir!

The first thing people notice about Valerie Davis is her smile. The second thing is that she makes a great cup of coffee! Davis works in the coffee shop at Lutheran Hospital located in a main corridor of the hospital where she can look out and wave at people.



Valerie Davis

“The people who work at Lutheran Hospital make it a special place. Its a family atmosphere – very comfortable”. And Valerie makes people feel comfortable. It is part of what makes working at the Hospital unique and something to preserve.

Her own words most appropriately capture her spirit, “You don’t have to be in the medical field to help someone heal and to touch someone’s life. We can all make a difference – even if it’s a small one – in someone’s life”.

Valerie had always donated her tips from the coffee shop to various causes and one day, had the chance to talk with Fred DeGrandis, President and CEO, Cleveland Clinic Regional Hospitals, about charitable giving at the hospital. He suggested the Employee Care Fund was a great place to make a donation because it helps fellow employees. Valerie jumped wholeheartedly into donating her tips to this fund to help her beloved co-workers.

Humble Valerie isn’t taking all the credit for herself. She is adamant in her appreciation of her coworkers - Tierra Miller, Tara Houston and Leshia Upsah - who joined her to contribute their tips towards the Employee Care Fund, too. Yes, the coffee shop employees are causing quite a stir!

Special Events, Activities, & Opportunities

Under the Tuscan Moon – An Evening in Italy

Saturday, September 8, 2007 • 6:00 p.m.

Lutheran Hospital

Capture the romance of Italy on a beautiful fall evening and enjoy dinner, entertainment, and a glass of wine. This fundraiser highlights the hospital’s commitment to excellence in healthcare. Proceeds benefit immediate needs at Lutheran Hospital.

Reach Out and Run

2007 Community Care Charity 5K/ Race/Walk

Sunday, October 7, 2007

Race begins at 9:00 a.m. at Fairview Hospital.

Proceeds benefit the Community Care Fund which allows the Fairview Hospital Case Management Department to aid patients and their families in emergency situations.

The Caring Continues

Saturday, November 3, 2007

Lakewood Elks Club

Tasty buffet dinner, reverse raffle, Chinese Raffle, and sideboards are sure to make this event fun and entertaining.

Proceeds benefit the Moll Cancer Center’s Caring Continues Fund to help people facing hardships while undergoing cancer treatment.

7th Annual Gift of Life Gala

Saturday, November 10, 2007 • 6:00 pm

LaCentre Conference and Banquet Facility

A festive evening of dinner, dancing and live and silent auction. Celebrate the physicians and nurses in the NICU who take God’s tiniest miracles and give them a chance at life.

Proceeds benefit the Neonatal Intensive Care Unit (NICU) and Department of Obstetrics and Gynecology of Fairview Hospital.

7th Annual Legacy Society Dinner

Thursday, September 27, 2007 • 6:00 p.m.

By Invitation Only
Avon Oaks Country Club

The Foundation invites our special donors and leaders to a gala dinner celebration of philanthropy and the spirit of benevolence of our Legacy Society Members.

The reception honors members of our esteemed Legacy Society and features the presentation of the 2007 “Art of Caring” award recognizing philanthropy and outstanding citizenship.

Quarterly Grant Report

Reaching Out to our Circle of Friends

The Community West Foundation announces its recent support of these local organizations and looks forward to their success.

CARING FOR OUR NEIGHBORS

The North Coast Health Ministry takes care of the working poor of our community. In 2006, this faith-based clinic provided 11,764 services to 1,567 patients from western Cuyahoga and eastern Lorain counties. The clients served are not on Medicaid, they are all working families, with an average income of \$30,000 or less, that do not have health insurance or the means to pay for medical services.

There is an undeniable spirit at North Coast Health Ministry that comes from the people who have made this organization work successfully in our community for over 20 years. It is rewarding to know that people are being helped every day that walk through the front door of NCHM and the staff, led by Dr. Philip Tomsik, Medical Director, is to be commended for the caring way they approach their job each day.

NCHM's budgeting has been made a little easier thanks to the **\$200,000** in grant funding from the Community West Foundation for medical service support and prescription assistance. It is important to know that the NCHM is a clinical site for medical residents and this partnership not only helps thousands of clients, but our hospitals as well through the drastic reduction in the use of Emergency Rooms, the most expensive form of care.

Cuyahoga Community College Foundation received a **\$20,000** grant from the Foundation for



A Tri-C student performs a health screening in the community

their **Healthy Neighborhood Partnership Program**. This program is for students of both the nursing and other allied health programs offered at Tri-C and will help them provide community education and screenings for asthma and other respiratory diseases at health fairs and at pre-schools for underserved populations on the west side.

Tri C is the major funder of this program, but asked our help to partner with neighborhood health agencies to expand community education and health programming. We are very proud of the unique collaborative relationships we have with the local health care community.

“Never doubt that a small group of thoughtful, committed citizens can change the world; indeed, it’s the only thing that ever has.”

— Margaret Mead



“The Community West Foundation has been a faithful partner with NCHM through both our struggles and our growth. We are grateful for all that the Foundation has done and continues to do through us to help those in need.”

*Lee Elmore, Executive Director
North Coast Health Ministry*

FOR THE HEALTH OF OUR COMMUNITY

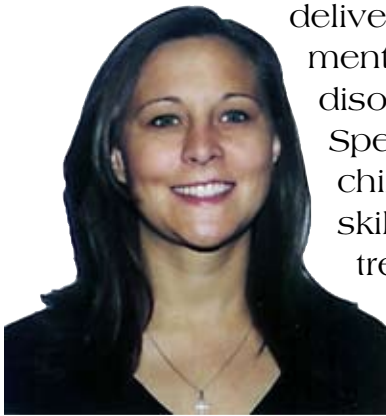
As the population continues to age, there is an increased need for hospice programs

in Greater Cleveland. A study and report by the National Hospice and Palliative Care Organization showed that the number of residential/home based hospice programs in the United States has grown from 1 in 1974, to more than 4,100 in 2007. The number of patients who choose hospice programs continues to grow at the rate of approximately 150,000 additional patients per year, currently at 1.2 million persons. Also, the number of residential hospice programs, either freestanding or within a residential facility continues to rise, currently at 18.4%, and length of hospice stay has increased to an average of 59 days.

The Foundation provided **\$150,000** to **Hospice of the Good Shepherd (Lutheran Elderhood Foundation)** for startup costs for its new residential hospice program. We know that hospice care occupies a specialized and growing niche in the healthcare economy, and these services offer a vital source of strength and comfort to the dying and their families. The Foundation's partnership with Lutheran Hospital and the Lutheran Home provides a wonderful opportunity to keep our original faith-based mission and values alive.

DEDICATED CARE WHEN IT IS NEEDED MOST

CARING FOR CHILDREN AND FAMILIES



*"I am grateful to the Community West Foundation for their generosity and support of the Building Behaviors program. Their commitment brings happiness, comfort and hope to these children and touches the lives of families and professionals who participate in the program."
- Dr. Cara Marker*

aspects to this year-round program that include, after school programs that teach needed social skills; a parenting workshop offered quarterly to help parents learn appropriate skills for behavior modification; and a week long summer treatment camp.

Inner Health Ministries Retreat Center, headed by Dr. Cara Marker, is the only agency on Cleveland's west side that delivers behavioral programs for children with autism and other related mental disorders, and their families. Autism is one of the hardest disorders to work with, and most children diagnosed with Autism Spectrum Disorder, which affects approximately 1 out of every 150 children, are lacking in social, communicative, and other behavioral skills. Most medical insurance programs cover the cost of treatment and prescriptions, although not the additional behavioral treatment programs needed by these families. Started in 2005 with 20 children, the **Building Behaviors** program now has over 100 families enrolled. Operating from a faith-based mission, no one is turned away, and fees are based on a sliding scale. The Foundation's grant funding for **\$23,100** will help with three distinct



Kids and volunteers interact at the summer camp filled with exciting activities.

A BRIDGE TO A BETTER LIFE

Bridgeway is one of the leading providers of mental health services on the west side of Cleveland, specializing in the treatment of the chronically mentally ill, including persons suffering from schizophrenia, those requiring 24-hour daily supervision, and those recently released from prisons and psychiatric hospitals. We were impressed with the large number of programs that provide services to nearly 4,000 patients per year, including the area's only 12-bed Crisis Stabilization Unit.

Bridgeway's population of chronically mentally ill patients have also been identified as having co-existing physical health and substance abuse disorders. The lack of coordinated programs, as well as lack of medical staff, within agencies such as Bridgeway often can do nothing to begin effective total disease management. In implementing Evidence-Based Practice programs — those that have been most effective in managing chronic mental illness — it is necessary to transform the clinical service delivery system by formally establishing a medical department. This is also a necessary step to meet the latest requirements for certain aspects of Medicaid funding.

A formal medical department at Bridgeway, under the supervision of a medical director and nursing supervisor, would begin coordinating the care of its patients and the Foundation provided **\$35,000** for partial funding for the positions necessary for the establishment of the formal medical department.

The Visiting Nurse Association HouseCalls Program

provides direct medical care in the home to more than 500 chronically ill seniors who lack access to basic medical care and treatment. On the West Side, the program is particularly active in the Bellaire-Puritas, Edgewater and Old Brooklyn areas. Their research has shown that 25% of seniors are discharged from a hospital with no identified primary care provider, and overall 6.2% of Cleveland's seniors have unmet health care needs.



Dan Gaunter, VNA House Calls Program Director, cares for a patient.

PROMOTING THE WELL BEING OF OUR SENIORS

This program provides direct assessment and a primary care by a physician or nurse practitioner in the client's home. Patients remain in the program until they can no longer remain in the home and other arrangements are made. While in VNA HouseCalls, a medical visit is made approximately once a month, or more often if needed.

The Foundation grant of **\$25,000** will provide 3 hour-long medical visits per day for one year to 200 seniors on Cleveland's west side. This coordinated support system will help seniors to better manage a disease or illness, while remaining in the comfort and dignity of their own home.

AGENCIES FORM STRATEGIC ALLIANCE TO BENEFIT THE COMMUNITY

Community Challenge is well-known for their commitment to drug and alcohol prevention and educational programs on the west side. Recovery Resources is a leading agency for drug and alcohol treatment programs. Both agencies, after a strategic partnership analysis, agree that combining operations will provide additional and enhanced services to the community, and in addition, will eliminate duplicated costs.

The Community West Foundation provided \$15,000 to Community Challenge to help support the strategic alliance process with Recovery Resources. Another valuable and vibrant relationship has been formed with The Woodruff Foundation that provided a \$20,000 grant to Recovery Resources to cover the legal fees and other related costs. Both agencies are former Community West Foundation grant recipients and do very valuable work in our community in drug and alcohol abuse education, prevention and treatment.



Julie Johnson, Executive Director, Community Challenge, and Helen Jones, President of Recovery Resources

CLEVELAND'S VOICE FOR THE MENTALLY ILL

National Alliance for the Mentally Ill (NAMI) Cleveland Chapter received \$21,800 from the Foundation to fund a part-time Hispanic Outreach Worker to continue efforts to expand base programming in the Hispanic community. NAMI Greater Cleveland is the local affiliate of the National Alliance on Mental Illness and is dedicated to providing services to those suffering from mental illness and their families through support groups, educational programs and advocacy.

Nearly all of the mental health agencies in our area are members of NAMI and refer clients and families to their many programs. There are currently eleven support groups and three distinct nine to twelve week educational programs offered. In 2006, more than 5,000 people used their services. NAMI has identified the need for more programming specifically for Cleveland's Hispanic community. The west side of Cleveland is home to the largest Hispanic population in the area, and studies estimate that over 3,000 Hispanic adults, and nearly 2,000 Hispanic children, are in need of mental health services.



One of NAMI's community outreach efforts. Families can attend the many seminars and support groups offered by NAMI.



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SPREAD THE WORD!

The Mission of the Community West Foundation is to advance the health and well being of our community.

We offer a variety of philanthropic services from Donor Advised Funds to Charitable Remainder Trusts.

Encourage others to become donors, support an event, and even join us in partnership to provide grant funding for a particular program.

The flexibility of giving options afforded by the Community West Foundation assures your money will be utilized in a manner dear to your heart.

Contact the Community West Foundation to learn how you can participate in unique efforts to distribute philanthropic resources throughout the community.

216-476-7060

The Legacy Society

The Legacy Society is comprised of individuals who know the value of leaving a legacy through an endowed or planned gift in order to make a difference in the lives that follow. They enjoy personal benefits from their gifts, while helping to shape our community's present and future. You are invited to join this tradition of giving through membership in the Legacy Society.

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